

Gold Ridge Forest POA 2017 POOL HOURS

8:30 am to 8:00 pm

OPEN: 7 days per week thru September 4th
Daily Lap Swim: 8:30 am – 9:30 am

Water Aerobics:

Mon, Wed, Fri - 9:30-10:10 am -Low Impact

Mon, Wed, Fri - 10:15-11:00 am-Moderate/High

Contact Instructor Carol Steinbrecher regarding classes
@ 530-647-2874

Any other inquiry-please contact GRF
530-644-3880, www.goldridge.org, or email office@goldridge.org

Gold Ridge Forest Members and Guests*Must be current with homeowner's dues to use facilities.
Key FOB will be checked by attendant. No more than 5 guests per member.